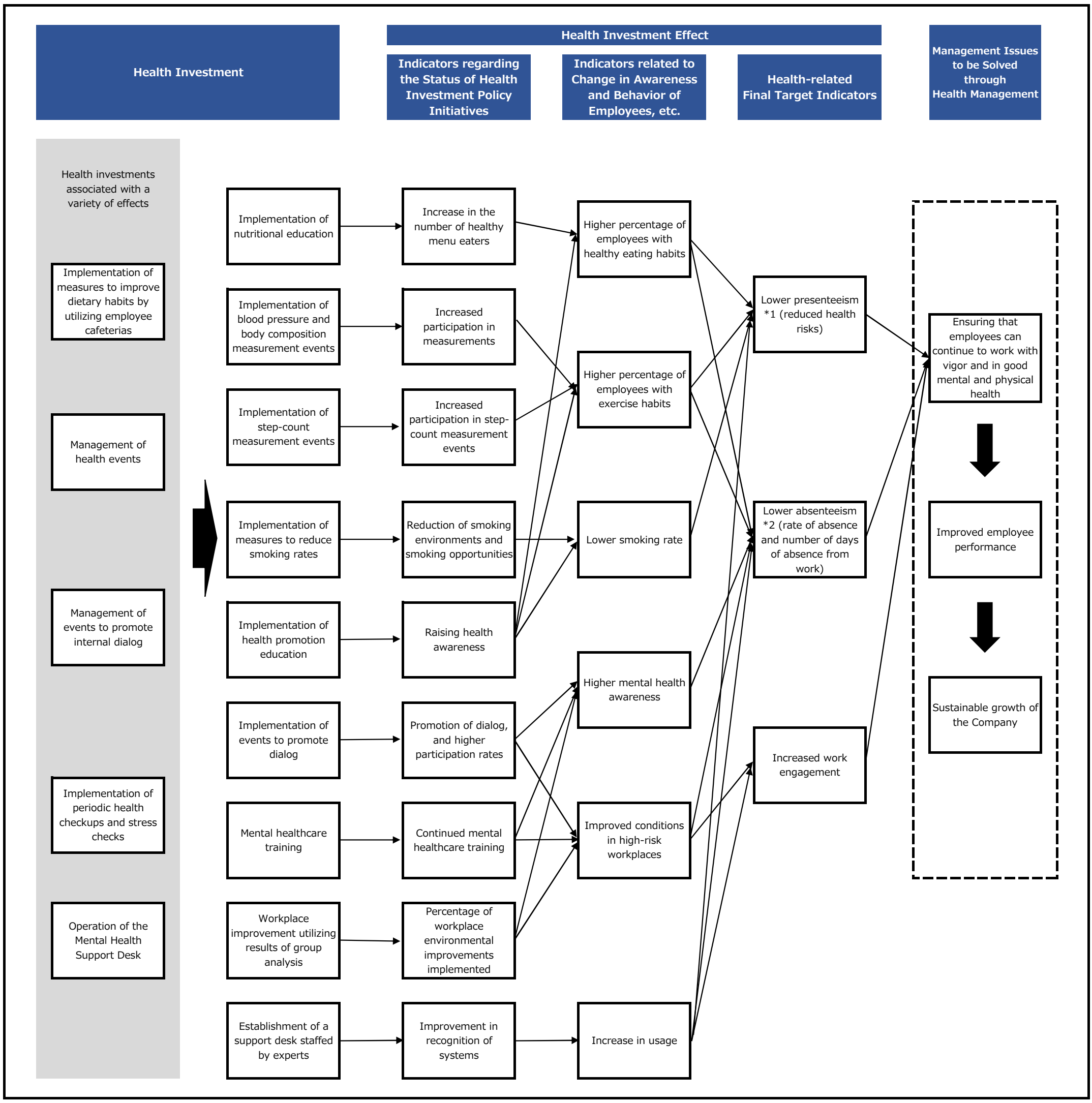
Health Investment
Health Investment Effect
Indicators regarding the Status of Health Investment Policy Initiatives
Indicators related to Change in Awareness and Behavior of Employees, etc.
Health-related Final Target Indicators
Management Issues to be Solved through Health Management
Health investments associated with a variety of effects
Implementation of measures to improve dietary habits by utilizing employee cafeterias
Management of health events
Management of events to promote internal dialog
Implementation of periodic health checkups and stress checks
Operation of the Mental Health Support Desk
Implementation of nutritional education
Implementation of blood pressure and body composition measurement events
Implementation of step-count measurement events
Implementation of measures to reduce smoking rates
Implementation of health promotion education
Implementation of events to promote dialog
Mental healthcare training
Workplace improvement utilizing results of group analysis
Establishment of a support desk staffed by experts
Increase in the number of healthy menu eaters
Increased participation in measurements
Increased participation in step-count measurement events
Reduction of smoking environments and smoking opportunities
Raising health awareness
Promotion of dialog, and higher participation rates
Continued mental healthcare training
Percentage of workplace environmental improvements implemented
Improvement in recognition of systems
Higher percentage of employees with healthy eating habits
Higher percentage of employees with exercise habits
Lower smoking rate
Higher mental health awareness
Improved conditions in high-risk workplaces
Increase in usage
Lower presenteeism *1 (reduced health risks)
Lower absenteeism *2 (rate of absence and number of days of absence from work)
Increased work engagement
Ensuring that employees can continue to work with vigor and in good mental and physical health
Improved employee performance
Sustainable growth of the Company